

# Managing the day to day responsibilities

## Getting around



Travelling independently and safely

Using public transport to access services and people in the community

### What did we find?

Travelling with family and support workers to gain confidence and skills to travel independently

Relying on lifts from parents and family members

Dealing with cuts to bus services

Experiencing impatience and abuse on public transport from drivers and other passengers

### What learning is involved?

Planning routes, reading timetables and managing risks

Travel opens up further opportunities for learning!

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I can get the bus by myself to have a day to meet my boyfriend.

Self-advocate

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### What more can be done?

Recognising the importance of public transport in the social care sector

Providing transport staff with training in disability awareness

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I'm always relying on my mum or my dad or my step mum to drive me down there... So if I had the opportunity I would like to learn how to drive

Rafael, self-advocate

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